

Kargil, located amidst snow laden peaks, magnificent mountains and sparkling blue skies is identified world over for being the land where India successfully triumphed over Pakistan in the 1999 war. This place is a reflection of India's independence and upholding that virtue, we embarked on a challenging journey to enable people with physical disabilities at Kargil.

Despite its popularity, this region continues to be isolated from the social schemes of the government. Many small villages continue to be disconnected due to limited access and connectivity in this region. The limited transportation facilities in this region, restricts access of the people to healthcare facilities in the region.

Ratna Nidhi with a mission to uplift people with physical disability in India, embraced on a journey to travel to Kargil. Travelling through the rocky terrain by road, amidst snow to make a difference has helped us increase our own bar of impacting communities in remote regions of India.

The screening camp was organized between 28th to 30th August and Distribution camp was organized between at 13th to 15th October, 2018 at Kargil.

Ratna Nidhi in association with Nichal Israni Foundation, Amita Mehta Trust, Your Turn Now, Smt.Kusumben Gulabchan Shah and Rotary Club of Bombay South organized this camp, which has impacted the lives of numerous Kashmiri children, youth and aged beneficiaries.

241 MOBILITY AIDS DONATED

9 Jaipur Foot

172 Calipers

10 Wheelchairs

> 25 Crutches

24
Hearing Aids

1 Prosthetic Hand

PICTURES FROM THE CAMP



Ratna Nidhi at Drass, Kargil - The second coldest inhabited place in the world



Kargil War Memorial





Scenic view on the way to the distribution camp





Patients seated at the distribution camp



The Ratna Nidhi team with guests at the camp



STORIES OF CHANGE





NISHA BANO, 25 YEARS

Nisha was detected with polio when she was very small. Despite the challenges she had to face, it didn't deter her from being a District level badminton champion. She is currently pursuing her B.Sc and wishes to study further.

Nisha shared "Thank you Ratna Nidhi Charitable Trust for all your good work and efforts in coming to places like Kargil, which is so far and excluded from government policies. Your efforts truly are helping many like me."

MOHAMMAD KAZIM, 18 YEARS

Mohammad is an 18-year-old boy who is currently completing his schooling at Kargil. He lives with his father, mother, brother and sister. His father and brother work as laborers on the farm, barely earning enough to make ends meet.

In 2009 he suddenly acquired fever and due to a faulty injection, his legs were crippled and he could no longer walk independently.

He shares "I want to study further and start working soon. These calipers will help me move independently and pursue my dreams in the future."



AYUB KHAN, 21 YEARS

Ayub hails from Wakha village in Kargil. Since birth he had a defect in his leg due to which he was unable to walk freely. Ayub lives with his mother and his brothers live separately. His mother works very hard as a farmer to support Ayub and herself. Ayub is unemployed and hopes to start working soon to help his ageing mother.

"The calipers fit me very well and help me walk comfortably. Without being able to walk and move around, I have missed out on a lot of opportunities. I look forward to being employed soon and support my mother."



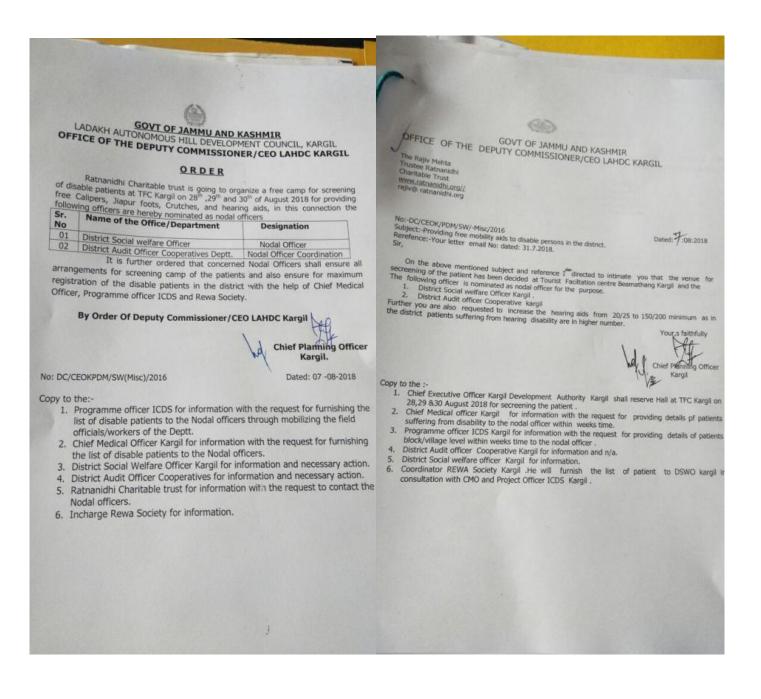
AKBAR ALI, 30 YEARS

Akbar has been suffering due to polio since childhood. He grew up in Trespone village at Kargil and lives with his family comprising of his mom and brothers.

His family makes a livelihood by farming. Akbar was given calipers by Ratna Nidhi in 2008. And after 10 years he came back to take back new calipers for himself due to the old ones getting worn out.

He is married with three children and wants to get a better job to give his family a comfortable life. Thank you for coming to a place like Kargil and helping people like me walk back comfortably. For a poor man like me, getting these calipers for free is a blessing."

LETTERS FROM THE JAMMU & KASHMIR GOVERNMENT



GOVERNMENT OF JAMMU AND KASHMIR Ph. No - 01985 -232258 .

Ph. No - 01985-232258. E. 10 - dsrokgl 999 P. G. minj. com

Distt. Social Welfare Officer

KARGIL - 194103

Ref. No. DSHO kg/ 2018-19/240-245.

Dated 30.05.2018.

M/S Nanda Ratna Nidhi Charitable Trust, Mumbai Maharashtra.

Subject: Organization of Medical/Fitment camp at Kargil.

Sir/Madam,

We came to know that your organization extends your helping hand for assistance to Physically Challenged Persons, those are in need hearing aid, artificial limbs ,wheel-chair etc.

Number of persons with different kind of disability registered with this Department, list enclosed for ready references. It would be great if Ratna Nidni Charitable Trust can conduct a mobility camp in locals' area and army of Kargil District of Ladakh in Jammu & Kashmir.

Sincerely Yours,

Distt. Social Welfare Officer, Kargil.

Copy to:

- 1. Dy. Commissioner/CEO LAHDC Kargil for information plz.
- 2. Director Social Welfare Kashmir for kind information.
- 3. TSWO Kargil/Zanskar for information and n/ a.
- 4. Master file for record.
- 5. Concern file for record.

PRESS COVERAGE

Coverage in Navshakti



Please click on the video below to watch the camp at Kargil



SPECIAL THANKS TO

- Nichal Israni Foundation
- Amita Mehta Trust
- Your Turn Now
- Smt.Kusumben Gulabchan Shah
- Rotary Club of Bombay South